



London TDM

# Health, Safety, and Environment (HSE) Training

**Course Venue:** Malaysia - Kuala Lumpur

**Course Date:** From 10 May 2026 To 14 May 2026

**Course Place:** Royale Chulan Hotel

**Course Fees:** 6,000 USD

## Introduction

This 5-day professional course on Personal Protective Equipment (PPE) Awareness is designed to educate participants on the importance, proper use, and maintenance of PPE in the workplace. The course aims to enhance safety practices by equipping professionals with the knowledge and skills necessary to select and use PPE effectively, thereby minimizing occupational hazards.

- Understand the various types of PPE and their applications.
- Recognize the importance of PPE in ensuring workplace safety.
- Identify potential hazards that require the use of PPE.
- Learn proper techniques for donning, doffing, and maintenance of PPE.
- Develop a safety culture by promoting PPE awareness and compliance.

## Course Outlines

### Day 1: Introduction to PPE

- Overview of PPE: Definition and Importance
- Types of PPE: Head, Eye, Ear, and Respiratory Protection
- Legal and Regulatory Requirements for PPE
- Role of PPE in Hazard Prevention and Control
- Identifying Workplace Hazards Requiring PPE

### Day 2: Understanding PPE Types and Applications

- Protective Clothing: Types and Materials
- Gloves: Selection Based on Hazard Type
- Footwear Safety: Ensuring Full Protective Compliance
- Eye and Face Protection: Choosing the Right Gear
- Hearing Protection: Devices and Effectiveness

### Day 3: Proper Use and Maintenance of PPE

- Techniques for Correctly Donning and Doffing PPE
- Inspection and Maintenance of PPE
- Handling and Storage of PPE
- Limitations of PPE: Understanding Boundaries
- Case Studies on PPE Use and Failure

### Day 4: Implementing PPE Programs

- Creating an Effective PPE Program
- Training Employees on PPE Policies
- Monitoring and Evaluating PPE Practices
- Record Keeping and Compliance
- Addressing Challenges and Resistance to PPE

### Day 5: Promoting a Culture of Safety

- Building Awareness and Commitment to Safety
- Engaging Leadership in PPE and Safety Initiatives
- Encouraging Peer-to-Peer Safety Accountability
- PPE Innovations and Future Trends
- Feedback and Course Wrap-Up